

40-Hour Family Mediation Skills
Presented by
Janeen Massaros, J.D., Southern Metropolitan Mediation Services
Carl Arnold, J.D., Arnold Law and Mediation

DAY ONE **Thursday, January 12th:**

8:00 am	Welcome and Introductions/Goals for the Session/Agenda Review
8:30 am	Overview of Mediation Process/Mediation Intake/Mediation Jargon [11-12] Samples - Bio Sketch (required under Civil Mediation Act Chapter 572) Samples - Client Intake Forms Samples - Agreement to Mediate
9:30 am	Mediation Process via Zoom/Participant Discussion/Practice <i>Participant Exercise: The Senate Table (Arbitration/Mediation)</i>
10:30 am	Break
10:45 am	Mediation Process: Basic Skills Manual Stage 1: Setting the Stage [pages 17-19] Stage 2: Uninterrupted Time/Stories [20-24] Active Listening [25-26] www.Listenfirstproject.org [Appendix] VERA House exercise Stage 3: Focusing the Issues [29-32]
12:00 noon	Lunch
12:30 pm	Video: <i>Adult Guardianship Mediation: An Introduction</i> [The Center for Social Gerontology]
1:00 pm	Stage 4: The Exchange/Questions to Guide Discussion [33-34] Stage 5: Generating Potential Solutions/Caucus [35-39]
2:30 pm	Break
2:45 pm	<i>Participant Role Play -Stages 1-5/Debrief</i>
4:30 pm	Debrief/Questions/Wrap Up/ Training Evaluation https://forms.gle/yYAVPtM38hKREfJL6
5:00 pm	End of Session

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DAY TWO **Friday, January 13th:**

- 8:00 am Review and Questions from Day One
- 8:30 am Becoming More Conflict Competent
Presented by Dawn Zugay, J.D. Resolze Conflict
Conflict Competent Survey Results provided to each participant via email
- 10:30 am **Break**
- 10:45 am Becoming More Conflict Competent (continued)
Participant Role Play Exercise
- 11:30 am **Lunch**
- 12:00 noon Family Court Process Flow Chart
Video: Kramer v. Kramer
Chapter 572: MN Civil Mediation Act
- Rule 114 of the MN General Rules of Practice including Rule 114 Ethics>ADR Review Board>
Sample ADR Roster Listing>ADR Complaint Procedure and Enforcement>Public Reprimands>Rule 114
Application>Rule 114 Continuing Education Requirements >Providers of ADR Courses
MN Statute (excepts) 595.02 Testimony of Witnesses and 604A.32 [page 46 Basic Skills Manual]
- 2:00 pm **Break**
- 2:15 pm Financial Statutes Related to Divorce
Presented by Carl Arnold
- 3:00 pm *Participant Role Play with financial issues/Debrief*
- 4:30 pm Debrief/Questions/Wrap Up/ Training Evaluation
<https://forms.gle/XgmcJHVJRdbNfCK49>
- 5:00 pm **End of Session**

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DAY THREE Saturday, January 14th:

- 8:00 am *Video: How to Protect Your Children’s Emotions During Divorce*
- 9:00 am Issues and Needs of Children in Divorce
MN Judicial Branch Court Child-Focused Parenting Time Guide Link
<http://www.mncourts.gov/mncourtsgov/media/CourtForms/Child-Focused-Parenting-Time-Guide.pdf>
- 10:30 am **Break**
- 10:45 am *Participant Exercise: Family Mediation Scenarios*
- 11:45 am *Video: AAML Voices of the Children of Divorce*
Discussion: Child Focused Mediation
- 12:15 pm **Lunch**
- 1:00 pm Custody and Parenting Time Statutes
518.17 Custody and Support of Children on Judgment
518.1705 Parenting Plans
518.175 Parenting Time
518.1751 Parenting Time Dispute Resolution [Parenting Time Expeditor]
- Mediation Resources:**
WE AGREE: Creating a Parenting Plan Parenting Agreement Worksheet
[University of MN Extension Service - Parents Forever Program]
<https://www.mncourts.gov/documents/parenting-agreement-worksheet.pdf>
- BIFF – Bill Eddy, High Conflict Institute
<https://www.highconflictinstitute.com/biff-responses>
- Sample Parenting Consultant Order
<https://mediationcentermn.org/resources>
- Stage 6: Agreement Building and Writing [Basic Skills Manual page 40]
- 2:45 pm **Break**
- 3:00 pm *Participant Role Play with Agreement Writing/Debrief*
- 4:30 pm Debrief/Questions/Wrap Up/ Training Evaluation
<https://forms.gle/Vgru65eYnV9vsMtQ9>
- 5:00 pm **End of Session**

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DAY FOUR **Friday, January 20th:**

- 8:00 am Thresholds of Violence Exercise
- 8:30 am The Duluth Model
Presented by Scott Miller, Domestic Abuse Intervention Project
Duluth, MN
- 10:30 am Break
- 11:00 am Domestic Abuse Act – Domestic Abuse Definition
<https://www.revisor.mn.gov/statutes/cite/518B>
- Domestic Abuse Counseling Program or Educational Program Required
<https://www.revisor.mn.gov/statutes/cite/518B.02>
- MN General Rules of Practice - Rule 114 Alternative Dispute Resolution
Applies to all ADR practices under Rule 114
https://www.revisor.mn.gov/court_rules/gp/id/114/
- Requirement for Mediators – 6 hours of Domestic Violence Education
Rule 114.13(c)(2)
- 11:45 am **Lunch**
- 12:15 pm Client Intake: Screening for Domestic Violence SIMP[LE]
Presented by Carl Arnold
- Questions to screen for Domestic Violence
Role Play: Client 1 and Client 2 Role Play Intake Exercise
- 1:30 pm Review language in Agreement to Mediate>Issues in Mediation When Violence is a Factor>
Building Safety in Agreements when Violence is a Factor [handout]
- 2:00 pm **Break**
- 2:15 pm *Participant Role Play/Debrief*
- 4:30 pm Questions/Wrap Up/ Training Evaluation
<https://forms.gle/DEfgCHTjiQ69xwwh9>
- 5:00 pm **End of Session**

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DAY FIVE **Saturday, January 21st:**

- 8:00 am Handling High Emotion in Mediation > Strategies and Techniques for Managing Anger >Power Imbalance>Bringing Peace in the Room>New Anger and Old Anger handout>*High Emotion Videos*
Presented by Janeen Massaros
- 9:30 am Marketing Your Mediation Practice
Carl/Janeen
- 10:00 am **Break**
- 10:15 am Chapter 494 Community Mediation in MN – A Great Place to Start
Presented by Katie Arnold, Executive Director, RAMP (Restorative and Mediation Practices) Northfield, MN www.ramp-mn.org
- 11:15 am Kramer v. Kramer – The Final Outcome
- 12:00 noon **Lunch**
- 12:30 pm Elimination of Bias/Implicit Bias
Presented by Carl Arnold
- 2:00 pm **Break**
- 2:15 pm *Final Role Play – Putting It All Together*
Parenting and Financial Issues with Agreement Building & Holiday Schedule/Debrief
- 4:30 pm Questions/Wrap Up/ Training Evaluation
<https://forms.gle/U7r2U1c2pzJcPG2r6>
- 5:00 pm **End of Session**